










grillfish®

Starters

Ginger Calamari	Small	9.75	Large	18.50
Fried Calamari	Small	9.25	Large	17.50
Mixed Grill Appetizer - Swordfish, Salmon, Shrimp, Scallop & Mahi Mahi				9.25
Grilled Shrimp Scampi	Small	9.95	Large	14.75
Buffalo Shrimp	Small	9.95	Large	14.75
Grilled Steak Satay w. Spicy Peanut Sauce				8.25
Grilled Shrimp Satay w. Spicy Peanut Sauce				10.25
Satay Platter w. Shrimp & Steak				9.95
Jumbo Lump Crab Cake			Mkt. Price	
 Grilled Portabella Cap - Feta Cheese, Sundried Tomatoes & Garlic				8.95
 Fried Pickle Spears				6.95
Appetizer Platter for Two - Rock Shrimp Cocktail, Beef Satay, & Ginger Calamari				15.95
 Mussels in Garlic, Wine & Cream	Small	8.95	Large	13.25
 Clams* in Garlic, Wine & Cream	Small	9.95	Large	14.50
 Spicy Mussels in Garlic Tomato	Small	8.95	Large	13.25
Rock Shrimp Cocktail Ceviche				9.50
Cornmeal Crusted Fried Oysters - With Seaweed Salad & Trio of Sauces				8.95
Petit Filet Mignon & Oyster Rockefeller				11.95

Soup & Salad

Chowder & Soup of the Day	Cup	4.25	Bowl	7.50
Iceberg Wedge w. Crumbled Blue Cheese & Bacon				7.95
 Apple & Pear Salad w. Spiced Pecans, Frizzled Parsnips & Honey-Lime Vinaigrette				7.95
 House Salad				4.95

Add Chicken, Salmon or Shrimp, \$4

Dressings: Balsamic Vinaigrette, Blue Cheese, Caesar, Orange-Ginger Vinaigrette, Honey-Lime Vinaigrette

 Indicates vegetarian item

This menu printed on recycled paper.



COMMISSARY

THE HEIGHTS

Logan
tavern

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

Grilled Steak

All sourced from Piedmont Ridge Farm, MD. All natural, hormone- and antibiotic-free meat

Surf & Turf 25.50 Petit Filet Mignon* (5 oz), Jumbo Lump Crab Cake & Grilled Shrimp (3)
Super Surf & Turf 41.95 New York Strip* (12 oz), Jumbo Lump Crab Cake & Grilled Shrimp (3)

Petit Filet Mignon* (10 oz) w. Green Peppercorn Sauce 19.50

New York Strip* (12 oz) w. Green Peppercorn Sauce 27.95

All served with mashed potatoes (except salad). Substitute Crab and Shrimp Mac 'n Cheese for \$3.

Add a side of pasta or house salad for an additional \$3.50. Add both for \$5.75.

Other salads available for a small up-charge.

Add a Crab Cake...Mkt. Price Add 4 Shrimp...\$6.25

Over Pasta

👉 Grilled Shrimp Scampi	18.95
Crab, Shrimp, & Scallop Alfredo	19.75
Crab & Shrimp Macaroni & Cheese	16.95
🍅 Pappardelle Primavera	13.95
👉 Clams* in Garlic, Wine & Cream	18.95
👉 Mussels in Garlic, Wine & Cream	17.50
👉 Spicy Clams* in Garlic Tomato	18.95
👉 Spicy Mussels in Garlic Tomato	17.50

Add a house salad for an additional \$3.50. Other salads available for a small up-charge.

Piccata...Original Grillfish Recipe (Creamy Lemon, White Wine & Caper Sauce) Served Over Linguine		
Shrimp...18.95	Chicken...16.95	Scallops...23.95

Sides

Vegetable of the Day • Sautéed Broccoli • Seasonal Wilted Greens

Mashed Potatoes • French Fries • Portabella Fries

Sautéed Mixed Vegetables • Linguine w. Marinara Sauce • Sautéed Spinach

All Above Sides Vegetarian...All 4.75 Jasmine Rice 3.25

Crab & Shrimp Macaroni & Cheese 6.25

Weekday Lunch, 11:30-4 pm • Happy Hour, Mon-Fri 4-7 pm, Sat & Sun, 5-7 pm

Happy Hour available on the patio until 6pm at designated tables only

Children's menu available • Please inform your server of any food allergies

18% gratuity will be added to parties of 9 or more

We apologize, we are not able to accept traveler's cheques

Grilled Fish

Mixed Grill (for one) 18.95 (for two) 35.95 Swordfish, Salmon, Scallops, Shrimp & Mahi Mahi

 Salmon	19.50	 Catfish	16.75
Scallops	23.95	 Rainbow Trout	17.75
Swordfish	20.95	Tuna	Mkt. Price
 Arctic Char	20.95	 Rockfish* (Seasonal)	Mkt. Price
Tilapia	17.75	Halibut	Mkt. Price
Mahi Mahi	19.95	Catch of the Day	Mkt. Price
Whole Striped Bass*		25.50	

Our fresh fish is cooked medium-rare, unless otherwise requested, served with jasmine rice and choice of sauce: Sweet Onion, Creamy Garlic Tomato or Coconut Red Curry.

Add a side of pasta or house salad for an additional \$3.50. Add both for \$5.75.

Other salads available for a small up-charge. Substitute a side for \$1.50, C&S Mac 'n Cheese for \$3.

Add a Crab Cake*...Mkt. Price Add 4 Shrimp...\$6.25

*Only when served with entrée. Does not apply to crab cakes served before the entrée.

★ Indicates local farms and fisheries

Grillfish Specialties

Seafood Fra Diavlo (Spicy Marinara Sauce)

or


Seafood Sicilian (Creamy White Wine Sauce)

Clams, Mussels, Shrimp and Calamari over Linguine

(for one) 19.95 (for two) 37.95

Crispy Whole Striped Bass* w. Jasmine Rice, Ginger Teriyaki & Seaweed Salad	25.95
Seared Scallops in White Wine & Lime butter w. Swiss Chard & Spinach	24.95
Grillfish Jumbo Lump Crab Cakes w. Mashed Potatoes	Mkt. Price
Buffalo Shrimp over Linguine	18.95

Other Fare

Caesar Salad w. Grilled Chicken	15.75	w. Grilled Shrimp	17.75
Chicken Milanese Breaded & Pan Sautéed w. Mashed			16.95
Shore Platter Fried Shrimp, Scallops, Catfish & Crab Cake w. Cole Slaw			21.95
 Side Platter (Choose 3 Sides...Mac 'n Cheese add \$1.75)			12.95

Add a side of pasta or house salad for an additional \$3.50. Add both for \$5.75.

Other salads available for a small up-charge. Substitute a side for \$1.50, Mac 'n Cheese for \$3.

 Indicates item sourced from sustainable fisheries

Increased demand for seafood is depleting fisheries around the world and harming the health of oceans. Environmentally-friendly fisheries and aqua culture do exist. We are proud to take a role in conserving the health of our oceans by serving sustainable seafood. These options are denoted throughout the menu.



grillfish[®]

Lunch Specials

Salads

	Classic Caesar Salad	6.95		
With Fried Calamari	10.75	Chicken	10.95	Mixed Grill Fish 11.50
Blackened Salmon	11.25	Shrimp	11.25	Steak* & Shrimp 11.50

Cobb Salad - Lettuce, Egg, Bacon, Avocado, Blue Cheese, Shallots, and Mustard Vinagrette

With Choice of Shrimp, Chicken, Steak or Vegetarian 11.95

Grilled Salmon Niçoise Salad w. Snow Peas, Olives, Red onion, Feta & Egg 11.50

Sandwiches

Salmon Club w. Grilled Onion, Bacon & Remoulade 9.95

👉 Shrimp Po' Boy w. Cajun Mayonnaise 11.95

Blackened or Grilled Chicken w. Provolone & Avocado 9.95

👉 Oyster Po' Boy w. Cajun Mayonnaise 12.95

Jumbo Lump Crab Cake Melt w. Cheddar & Remoulade (Add Bacon, \$1) Mkt. Price

🍅🍅 Philly-Style Portabello Sandwich w. Peppers & Provolone 9.95

👉 Blackened Catfish Po' Boy w. Cajun Mayonnaise 11.50

Served with choice of Cole Slaw, Corn & Black Bean Salsa or French Fries

Lunch Combo: Any small appetizer, soup, or salad, + any lunch item from this page + any dessert ~ only \$20.12!

Entrees

Mixed Grill - Swordfish, Salmon, Shrimp, Scallop & Mahi-Mahi 11.75

👉 Fish & Chips - Trio of Fried Halibut, Mahi & Catfish w. Tartar Sauce 10.95

Buffalo Shrimp w. Spicy Blue Cheese Sauce over Linguine 13.25

Crab & Shrimp Quesadilla w. Sour Cream and Corn & Bean Salsa 10.95

Fish Tacos - Grilled Mahi Mahi w. Cheddar & Pineapple Salsa 10.50

Salmon Piccata over Linguine 11.95

Add a side of pasta or house salad for an additional \$3.50. Add both for \$5.75.

Other salads available for a small up-charge.

Takeout & Delivery Available - Order online for delivery @ expressentree.com or finefood2u.com. Order online for pickup @ gomobo.com

Free Wi-Fi is Available for our Patrons.

Please be mindful that we are not responsible for lost or damaged equipment.